

# Why Create From Scratch, When You Can Have Ready-To-Use Now?

## Captivate Your Employees with Information that's Useful Today!

Let's face it. There's valuable health and workplace information that your employees could use now to better do their jobs.

But finding that information—and getting it into a format that your employees will read and use—can be difficult.

Until now.

Our **Ready-To-Use** Department at HOPE Health can help you communicate with your employees about a wide range of important business, health and benefit topics—in a wide variety of fun and informative formats.

We call it Ready-To-Use because we've done all the work for you. Our calendars, booklets, brochures, and posters reveal a wealth of useful business and health information that **you can order and use right away!**

Just take a look at some of the products we have to offer:

### Year-Round Communication

Our **custom-designed calendars** are chock full of health and wellness tips, tricks, quotes, and recipes. Designed in a fun and easy-to-read format, the calendars present information on:

- Managing Your Weight
- Beating Stress
- Staying Active
- Getting Enough Sleep
- Cherishing Family Time
- Protecting Your Heart
- Eating Well
- Myth and Facts on an assortment of topics

We've developed our all-new **2009 HOPE Health Calendar** to illustrate 12 unique ways to say "Yes to Health!" Inside you'll find:

- Time management tips to immediately reduce your daily stress
- How to "choose a rainbow of color" for the best nutrition
- Why knowing your family history is essential to good health
- How to keep the air around you fit for breathing
- The many rewards of fitness

- Why furry friends can enrich your life
- How to stay mentally sharp no matter what your age
- And more!

The **HOPE Health Calendar** makes a great gift, appreciated by all. Customize it with your company logo and other important information and then use it as an employee or corporate gift, community relations premium, wellness program incentive, or health fair give-away.

### **Information-Packed Booklets**

Our **Quick Read Booklets** on chronic diseases, such as Diabetes, Understanding Cholesterol, Preventing Heart Disease, Blood Pressure, and Understanding Cancer are filled with the latest research and information.

Each booklet goes into detail explaining aspects of the disease, including symptoms, complications, risks, proper diet, and how to stay healthy.

Our **Nutrition & Fitness Booklets** cover such topics as: The ABCs of Nutrition, How to Win the Weight-Loss Race, Walking, Exercising to Your Heart's Content, and Diet: Making Peace with Food.

### **Brochures and Other Materials**

Our **Consumer-Directed Health Care** and **Disease Management Brochures** will empower your employees to be smarter health care consumers. We can also provide you with customized **Brochures** on everything from Safety at Home and on the Job to Cancer Prevention Basics, to Blood Pressure.

Our **Self-Health Kits** provide a quick and confidential way for employees to discover their personal risk for heart disease, cancer, and diabetes.

Each Kit contains scoring tests, a booklet with 101 health tips, and two brochures offering healthy tips for men and women. All contained in a neat, compact folder.

Our **Poster Series** offer a perfect way to give your employees a daily reminder of good health.

All of our motivating products will get your employees moving! What's more, they will do it in a fun and non-threatening manner.

And all of our Ready-To-Use publications can be **customized with your company's logo and slogan, so every piece is personalized with your company's unique style.**

To introduce you to the huge selection of **Ready-To-Use** health and employee benefit products we offer at HOPE Health, we'd like to send you our **FREE Product Catalog**. Just give us a call at [1-800-334-4094](tel:1-800-334-4094) and we'll send a copy to you right away.

And just for **asking for our FREE, No Obligation Product Catalog**, we will tell you how to download our **FREE REPORT, *Successful Employee Communications: How to Effectively Tailor Your Health and Benefits Messages for Employees and Their Families.***

This information-packed Report will show you:

- How to choose the right medium for your audience
- How to successfully combine wellness and benefits communications
- Why print materials are here to stay
- Foolproof ways to combine print and online communications
- Why communication pays in keeping top performers

And much, much more...All for requesting our **FREE Ready-To-Use Product Catalog!**

We think once you see our catalog, you will want to join the thousands of other companies who are using our award-winning products to take their employees to the next level in health and wellness.

We've made it easy for you to order, by phone or online, any time of the day or night. **Just click here** to order your catalog, or call **1-800-334-4094** for your **FREE Product Catalog and Report!**

There has never been a better time than today to move your company's communications to a more motivating and effective level. Give us a call now. We look forward to hearing from you!

So why struggle creating your own employees communications from scratch every month, when you can have a partner helping you creatively design the kinds of materials you'd like to have now—**at a fraction of the cost?**