Spend Saturday at the game instead of on the couch.



If you need the weekend to catch up on sleep, you may have a sleep disorder. If left untreated, it can profoundly diminish your quality of life, productivity, and overall health. We provide evaluation and treatment of a wide range of sleep disorders, including:

- Insomnia
- Restless Legs Syndrome
- Sleep Apnea
- Narcolepsy
- Pediatric

Call today...don't let another sleepless night go by.



NORTH PUGET SOUND Center for Sleep Disorders

For more information, call 425-252-DOZE (3693).

Located on the Everett waterfront in a beautifully remodeled hotel.